

Resources list

Victorian Office of the Public Advocate (OPA)

<http://www.publicadvocate.vic.gov.au/>

Take Control and Your voice – Trust your choice booklets are published by the Victorian Office of the Public Advocate

Advance Care Planning Australia

<http://advancecareplanning.org.au/resources/victoria>

Peninsula Health advance care planning services

<http://www.peninsulahealth.org.au/services/services-a-e/advance-care-planning/>

ACP Service, The Mornington Centre, Cnr Tyalla Grove and Separation St
Mornington VIC 3931

Phone enquiries via ACCESS: 1300 665 781

Email: acp@phcn.vic.gov.au

The national My Health Record website

<https://myhealthrecord.gov.au/internet/mhr/publishing.nsf/content/acp>

My Values website (can help you think through some complex questions)

<https://www.myvalues.org.au/>

Letting Go – a book by Dr Charlie Corke, creator of the My Values website

https://www.boomerangbooks.com.au/letting-go/charlie-corke/book_9781925322705.htm

Peace of Mind Planner book

Available by post from the Australian Booktopia online book store. \$24.25 plus postage (about \$6)

<https://www.booktopia.com.au/peace-of-mind-planner-peter-pauper-press-inc/prod9781441317292.html>